

Fundamental Sports Calendar 2024-25

Month	Date	Events	Grade
June		Orientation Session: Sports at Fundamentals	
		Structure Sports and Fitness Activities	Pre and Basic Fundamentals
		Introduction of Specialized sports (Cricket, Basketball, Mini Tennis, Football, Karate)	Advanced Fundamentals
		International Yoga Day (21 st June) International Olympic Week (23 rd June)	
	24.06.2024	Intra Class Competition –Assembling the Hoop Race	Advanced Fundamentals
	27.06.2024	Intra Class Competition – Match the Colour Race	Basic Fundamentals
	27.06.2024	Intra Class Competition –Planting the Plant Race	Pre Fundamentals
July		Structure Sports and Fitness Activities	Pre and Basic Fundamentals
		Specialized sports (Cricket, Basketball, Mini Tennis, Football, Karate)	Advanced Fundamentals
	22.07.2024	Intra Class Competition – Hip-Hop Ladder Race	Advanced Fundamentals
	25.07.2024	Intra Class Competition – Stacking Race	Basic Fundamentals
	25.07.2024	Intra Class Competition— Candy Race	Pre Fundamentals
August		Structure Sports and Fitness Activities	Pre and Basic Fundamentals
		Mini Olympics – 2024 Practice Sessions	Early Years Pre Fundamentals Basic Fundamentals Advance Fundamentals
		Specialized sports (Cricket, Basketball, Mini Tennis, Football, Karate)	Advanced Fundamentals
		National Sports Day (29 th AUG)	
September		Structure Sports and Fitness Activities	Pre and Basic Fundamentals
		Specialized sports (Cricket, Basketball, Mini Tennis, Football, Karate)	Advanced Fundamentals
	03.09.2024	Mini Olympics – 2024 Preliminary Rounds	Advanced Fundamentals
	04.09.2024	Mini Olympics – 2024 Preliminary Rounds	Basic & Pre Fundamentals
	13.09.2024	Mini Olympics – 2024 Inter School Sports Meet	Advance Fundamentals
	14.09.2024	Mini Olympics – 2024 Inter School Sports Meet	Basic & Pre Fundamentals
October		Structure Sports and Fitness Activities	Pre and Basic Fundamentals
		Specialized sports (Cricket, Basketball, Mini Tennis, Football, Karate)	Advanced Fundamentals
	21.10.2024	Intra Class Competition –Stacking the Stumps Race	Advanced Fundamentals
	24.10.2024	Intra Class Competition–Bundling the Object	Basic Fundamentals
	24.10.2024	Intra Class Competition –Completing the Image	Pre Fundamentals

Month	Date	Events	Grade
November		Structure Sports and Fitness Activities	Pre and Basic Fundamentals
		Specialized sports (Cricket, Basketball, Mini Tennis, Football, Karate)	Advanced Fundamentals
		Segregation of students to Specialized sports	Advanced Fundamentals
	25.11.2024	Intra Class Competition –Obstacle Race	Advanced Fundamentals
	28.11.2024	Intra Class Competition –Numbering Blocks Race	Basic Fundamentals
	28.11.2024	Intra Class Competition –Building Blocks	Pre Fundamentals
December		Structure Sports and Fitness Activities	Pre and Basic Fundamentals
		Specialized sports (Cricket, Basketball, Mini Tennis, Football, Karate)	Advanced Fundamentals
		Intra Class Competition-Balancing the Ball Race(TT ball)	Advanced Fundamentals
January		Structure Sports and Fitness Activities	Pre and Basic Fundamentals
		Specialized sports (Cricket, Basketball, Mini Tennis, Football, Karate)	Advanced Fundamentals
	23.01.2025	Intra Class Competition– Pyramid Race	Basic Fundamentals
	23.01.2025	Intra Class Competition –Bucketing the Ball	Pre Fundamentals
February		Structure Sports and Fitness Activities	Pre and Basic Fundamentals
		Specialized sports (Cricket, Basketball, Mini Tennis, Football, Karate)	Advanced Fundamentals
	10.02.2025	Intra Class Competition –Lemon and Spoon Race	Basic Fundamentals
	11.02.2025	Intra Class Competition –Threading the Beads	Pre Fundamentals

Sports Calendar 2024-25

MONTH	EVENTS	CATEGORY
MAY	Introduction to Specialized Sports	Grade 1 to 10 (Boys and Girls)
	Inter House Competition – Basketball	Junior (Gr 7 Boys)
	Inter House Competition – Table Tennis	Junior (Gr 7 Girls)
	Inter House Competition – Basketball	Junior (Gr 8 Boys)
	Inter House Competition – Table Tennis	Junior (Gr 8 Girls)
	Inter House Competition – Football	Senior (Gr 9 Boys)
	Inter House Competition – Table Tennis	Senior (Gr 9 Girls)
	Inter House Competition – Cricket	Senior (Gr 10 Boys)
Inter House Competition – Basketball	Senior (Gr 10 Girls)	

MONTH	EVENTS	CATEGORY
JUNE	INTERNATIONAL YOGA DAY (21-JUNE-2024)	
	INTERNATIONAL OLYMPIC DAY (23-JUNE=2024)	
	Inter House Competition – Relay Baton Race	Cadet (Gr 1 Boys & Girls)
	Inter House Competition – Balancing Act	Cadet (Gr 2 Boys & Girls)
	Inter House Competition – Throw and Catch Race	Cadet (Gr 3 Boys & Girls)
	Inter House Competition – Ball Tapping (Tennis)	Cadet (Gr 4 Boys & Girls)
	Inter House Competition - Football	Sub-Junior (Gr 5 Boys)
	Inter House Competition – Basketball	Sub-Junior (Gr 5 Girls)
	Inter House Competition - Innovative Race	Sub-Junior (Gr 5 Boys)
	Inter House Competition – Innovative Race	Sub-Junior (Gr 5 Girls)
	Inter House Competition – Cricket	Sub-Junior (Gr 6 Boys)
	Inter House Competition – Basketball	Sub-Junior (Gr 6 Girls)
	Inter House Competition – Football	Junior (Gr 7 Boys)
	Inter House Competition – Tennis	Junior (Gr 7 Girls)
	Inter House Competition – Football	Junior (Gr 8 Boys)
	Inter House Competition – Cricket	Senior (Gr 9 Boys)
	Inter House Competition – Tennis	Senior (Gr 9 Girls)
	Inter House Competition – Cricket	Senior (Gr 10 Boys)
	Inter House Competition – Football	Senior (Gr 10 Boys)
	Inter House Competition – Tennis	Senior (Gr 10 Girls)
School Team Selections (Cricket, Football, Basketball, Tennis, Table Tennis, Swimming & Chess)	U-14, U-16, U-19 (Boys & Girls)	

MONTH	EVENTS	CATEGORY
JULY	INVESTITURE CEREMONY	
	Inter House Competition – Zig-Zag Race	Cadet (Gr 1 Boys & Girls)
	Inter House Competition – Shuttle Relay	Cadet (Gr 2 Boys & Girls)
	Inter House Competition – Hurdle and Dumbbell Race	Cadet (Gr 3 Boys & Girls)
	Inter House Competition – Two Ball Race	Cadet (Gr 4 Boys & Girls)
	Inter House Competition – Football	Sub-Junior (Gr 5 Boys)
	Inter House Competition – Basketball	Sub-Junior (Gr 5 Girls)
Inter House Competition – Table Tennis	Sub-Junior (Gr 5 Girls)	

	Inter House Competition – Chess	Sub-Junior (Gr 5 Boys)
	Inter House Competition – Cricket	Sub-Junior (Gr 6 Boys)
	Inter House Competition – Basketball	Sub-Junior (Gr 6 Girls)
	Inter House Competition – Chess	Sub-Junior (Gr 6 Boys)
	Inter House Competition – Football	Junior (Gr 7 Boys)
	Inter House Competition – Basketball	Junior (Gr 7 Girls)
	Inter House Competition – Football	Junior (Gr 8 Boys)
	Inter House Competition – Basketball	Junior (Gr 8 Girls)
	Inter House Competition – Chess	Junior (Gr 8 Boys)
	Inter House Competition – Chess	Junior (Gr 8 Girls)
	Inter House Competition – Cricket	Senior (Gr 9 Boys)
	Inter House Competition – Basketball	Senior (Gr 9 Girls)
	Inter House Competition – Tennis	Senior (Gr 9 Girls)
	Inter House Competition – Chess	Senior (Gr 9 Boys)
	Inter House Competition – Basketball	Senior (Gr 10 Boys)
	Inter House Competition – Table Tennis	Senior (Gr 10 Girls)
	Inter House Competition – Football	Super Senior (Gr 11 & 12 Boys)
	Inter House Competition – Basketball	Super Senior (Gr 11 & 12 Girls)
	Inter House Competition – Tennis	Super Senior (Gr 11 & 12 Girls)
	KSCA U-16 Cricket Tournament	U-16
Inter School Competitions (Basketball, Football, Tennis, Table Tennis, Swimming)	U-12, U-14, U-16	

MONTH	EVENTS	CATEGORY
AUGUST	NATIONAL SPORTS DAY (29TH AUG)	
	TRACK AND FIELD EVENTS	Grade 6 to 12
	Inter House Competition – Pyramid Race	Cadet (Gr 1 Boys & Girls)
	Inter House Competition – Up and Down	Cadet (Gr 2 Boys & Girls)
	Inter House Competition – Circuit Race	Cadet (Gr 3 Boys & Girls)
	Inter House Competition – Tug of War	Cadet (Gr 4 Boys & Girls)
	Inter House Competition – Cricket	Sub-Junior (Gr 5 Boys)
	Inter House Competition – Swimming	Sub-Junior (Gr 5 Boys)
	Inter House Competition – Swimming	Sub-Junior (Gr 5 Girls)
	Inter House Competition – Swimming	Sub-Junior (Gr 6 Boys)
	Inter House Competition – Swimming	Sub-Junior (Gr 6 Girls)
	Inter House Competition – Football	Sub-Junior (Gr 6 Boys)
	Inter House Competition – Table Tennis	Junior (Gr 7 Boys)
	Inter House Competition – Swimming	Junior (Gr 7 Boys)
	Inter House Competition – Swimming	Junior (Gr 7 Girls)
	Inter House Competition – Cricket	Junior (Gr 8 Boys)
	Inter House Competition – Swimming	Junior (Gr 8 Boys)
	Inter House Competition – Swimming	Junior (Gr 8 Girls)
	Inter House Competition – Swimming	Senior (Gr 9 Boys)
	Inter House Competition – Swimming	Senior (Gr 9 Girls)
	Inter House Competition – Basketball	Senior (Gr 9 Boys)
	Inter House Competition – Swimming	Senior (Gr 10 Boys)
	Inter House Competition – Swimming	Senior (Gr 10 Girls)
	Inter House Competition – Table Tennis	Senior (Gr 10 Boys)
	Inter House Competition – Cricket	Senior (Gr 10 Girls)
	Inter House Competition – Cricket	Super Senior (Gr 11 & 12 Boys)
Inter House Competition – Table Tennis	Super Senior (Gr 11 & 12 Girls)	
HERITAGE SWIM MEET 2024	U-8, U-10 & U-12	

MONTH	EVENTS	CATEGORY
SEPTEMBER	Activity: Sports Quiz	Cadet (Gr 1 Boys & Girls)
	Activity: Sports Quiz	Cadet (Gr 2 Boys & Girls)
	Activity: Sports Quiz	Cadet (Gr 3 Boys and Girls)
	Activity: Sports Quiz	Cadet (Gr 4 Boys and Girls)
	Activity: Sports Quiz	Sub-Junior (Gr 5 Boys)
	Activity: Sports Quiz	Sub-Junior (Gr 5 Girls)
	Activity: Sports Quiz	Sub-Junior (Gr 6 Boys)
	Activity: Sports Quiz	Sub-Junior (Gr 6 Girls)
	Activity: Sports Quiz	Junior (Gr 7 Boys)
	Activity: Sports Quiz	Junior (Gr 7 Girls)
	Activity: Sports Quiz	Junior (Gr 8 Boys)
	Activity: Sports Quiz	Junior (Gr 8 Girls)
	CBSE CLUSTER AND SOUTH ZONE GAMES	U-11, U-12, U-14, U-16, U-19 Boys & Girls

MONTH	EVENTS	CATEGORY
OCTOBER	Inter House Competition – Tennis	Sub-Junior (Gr 5 Girls)
	Inter House Competition – Football	Junior (Gr 6 Boys)
	Inter House Competition – Cricket	Junior (Gr 7 Boys)
	Inter House Competition – Chess	Junior (Gr 7 Girls)
	Inter House Competition – Table Tennis	Junior (Gr 8 Boys)
	Inter House Competition – Tennis	Junior (Gr 8 Girls)
	Inter House Competition – Tennis	Senior (Gr 10 Boys)
	Inter House Competition – Basketball	Super Senior (Gr 11 & 12 Boys)
	Inter House Competition – Table Tennis	Super Senior (Gr 11 & 12 Boys)
	Inter House Competition – Tennis	Super Senior (Gr 11 & 12 Boys)
	CBSE CLUSTER AND SOUTH ZONE GAMES	U-11, U-12, U-14, U-16, U-19 Boys and Girls

MONTH	EVENTS	CATEGORY
NOVEMBER	FIT INDIA SCHOOL WEEK PROGRAM	Gr 1 to 12
	Inter House Competition – Hoops Race	Cadet (Gr 1 Boys & Girls)
	Inter House Competition – Ball and Cone Race	Cadet (Gr 2 Boys & Girls)
	Inter House Competition – Dribble the Ball (Basketball)	Cadet (Gr 3 Boys & Girls)
	Inter House Competition – Wands Race	Cadet (Gr 4 Boys & Girls)
	Track and Field Events	Cadet (Gr 4 Boys & Girls)
	Track and Field Events	Sub-Junior (Gr 5 Boys & Girls)
	Inter House Competition – Basketball	Sub-Junior (Gr 5 Boys)
	Inter House Competition – Chess	Sub-Junior (Gr 5 Girls)
	Inter House Competition – Tennis	Sub-Junior (Gr 6 Boys)
	Inter House Competition – Table Tennis	Sub-Junior (Gr 6 Girls)
	Inter House Competition – Chess	Junior (Gr 7 Boys)
	Inter House Competition – Table Tennis	Senior (Gr 9 Boys)
	Greenfield Zest - Inter School Competition	U-12, U-14, U-16 (Boys & Girls)
KSCA U-14 BTR Cricket Tournament	U-14	

MONTH	EVENTS	CATEGORY
DECEMBER	Track and Field Events	Cadet (Gr 1 Boys & Girls)
	Track and Field Events	Cadet (Gr 2 Boys & Girls)
	Track and Field Events	Cadet (Gr 3 Boys and Girls)
	Inter House Competition – Table Tennis	Sub-Junior (Gr 5 Boys)
	Inter House Competition – Table Tennis	Sub-Junior (Gr 6 Boys)
	Inter House Competition – Tennis	Junior (Gr 7 Boys)

MONTH	EVENTS	CATEGORY
JANUARY	Inter House Competition – Basketball	Sub-Junior (Gr 6 Boys)
	Inter House Competition – Tennis	Sub-Junior (Gr 6 Boys)
	Inter House Competition – Tennis	Sub-Junior (Gr 6 Girls)
	Intra class Matches – Table Tennis	Sub-Junior (Gr 6 Boys & Girls)
	Intra Class Matches – Football	Junior (Gr 7 Boys)
	Intra Class Matches – Cricket	Junior (Gr 8 Boys)
	Intra Class Matches – Football	Senior (Gr 9 Boys)
	Intra Class Matches – Basketball	Senior (Gr 9 Girls)
	HERITAGE CUP CRICKET TOURNAMENT	U-13
	Karate Belt Grading Test	Grade 1 to 8 (Boys and Girls)

MONTH	EVENTS	CATEGORY
FEBRUARY	Intra Class Recreation Games	Cadet (Gr 1 Boys & Girls)
	Intra Class Recreation Games	Cadet (Gr 2 Boys & Girls)
	Intra Class Recreation Games	Cadet (Gr 3 Boys and Girls)
	Intra Class Recreation Games	Cadet (Gr 4 Boys and Girls)
	Intra Class Recreation Games	Cadet (Gr 5 Boys and Girls)
	Intra class Matches – Basketball	Sub-Junior (Gr 6 Boys & Girls)
	Intra Class Matches – Cricket	Junior (Gr 7 Boys)
	Intra Class Matches – Football	Junior (Gr 8 Boys)