



**JAIN HERITAGE
SPORTS SCHOOL**



**A High Performance
First-of-its-kind
Integrated Sports
School in Hebbal**

that blends high-
intensive sports
training with
academics

**LIVE SPORTS.
LEARN STRONG.**



www.jhs.ac.in

Introduction

JAIN Heritage School (JHS) proudly presents the JAIN Heritage Sports School (JHSS), an innovative model where students experience a balanced, structured integration of academics and sports.

Strengthened by 20+ years of academic excellence and a legacy of sporting achievements, JHSS enables children to pursue their passion for sport without compromising academic development.

Sports inspire learning, while academics enrich growth.



The Partnership That Powers JHSS

JHS x 91 Sporting

JAIN Heritage School

Sports is a powerful pillar at the JAIN Group. The JAIN Heritage School, a premier co-educational day boarding school in Hebbal, offers the CBSE curriculum with a perfect blend of academics, sports and life skills for holistic student growth.



20+ Years
Schooling Excellence



National & International Athletes
Across cricket, basketball, swimming, tennis & more



Ranked #1
Individual Attention to Students
by Education Today



Experienced
Educators

91 Sporting

91 Sporting is a premier sports development organisation dedicated to nurturing emerging talent and building champions through world-class infrastructure and expert-led training.

10+
Centres

15,000+
Weekly Users



- Technology Enabled Sports Sciences
- Rehabilitation
- Data Analytics



Certified Coaches



Athlete Performance Pathways



National & State Representation

Strategic Partnerships

Cricket Clubs



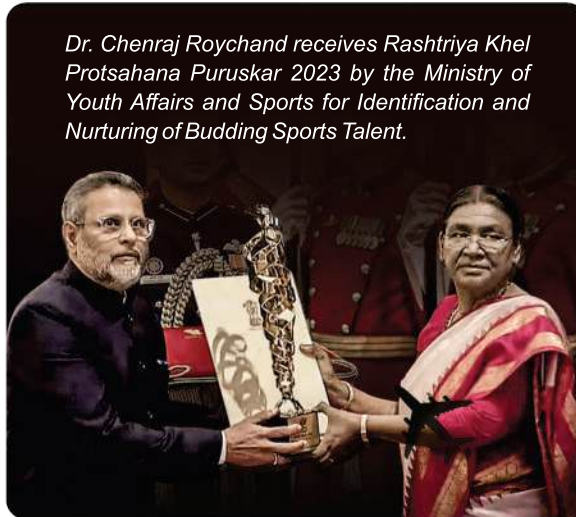
Football Clubs

Together, the partnership ensures unmatched sports-academic balance for every child.

JAIN X 91 Sporting Legacy



Srihari Nataraj



KL Rahul



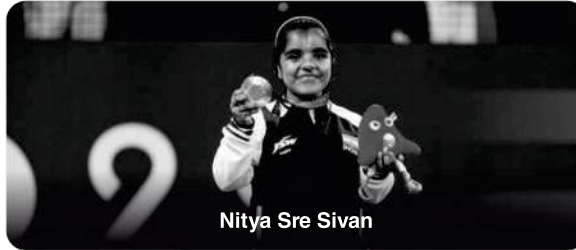
Sharan S



Srijith K L



Archana Kamath



Nitya Sre Sivan



Karun Nair

Why JHSS – The Purpose

India is moving toward a sports-driven future — leagues, sports science, media, technology, management, and more. However, students are often forced to choose between sport and academics.

JHSS bridges this gap through a curriculum designed for:

- Students who want professional pathways in sports
- Students who aspire for active lifestyles with strong academic support
- Families seeking balance, structure & long-term development in education

The programme builds discipline, teamwork, leadership, character, and resilience — life skills that extend far beyond the classroom.

Ensuring Academic Success

A first-of-its-kind integrated pathway delivering 10–12 hours of structured sports training and 12–15 hours of academics each week.

Academic Timetable

A structured timetable aligns classroom hours with training blocks, ensuring predictable study flow and minimal academic disruption.

Remedial Support

Focused remedial sessions help students stay current, reinforce key concepts, and maintain academic continuity during heavy training periods.

Flexible Assessment Plan for Travelling Athletes

Assessments adapt to travel schedules, allowing athletes to complete work within agreed timelines without compromising rigor or outcomes.

Dedicated Sports-Friendly Faculty

Faculty trained to work with athlete schedules provide consistent guidance, proactive coordination, and streamlined academic communication.

Study Periods

Built-in study periods ensure daily time for homework, revision, and academic follow-through, even on high-load training days.

Sports Offered

(Grades 4 - 12)



Cricket



Football



Badminton



Swimming

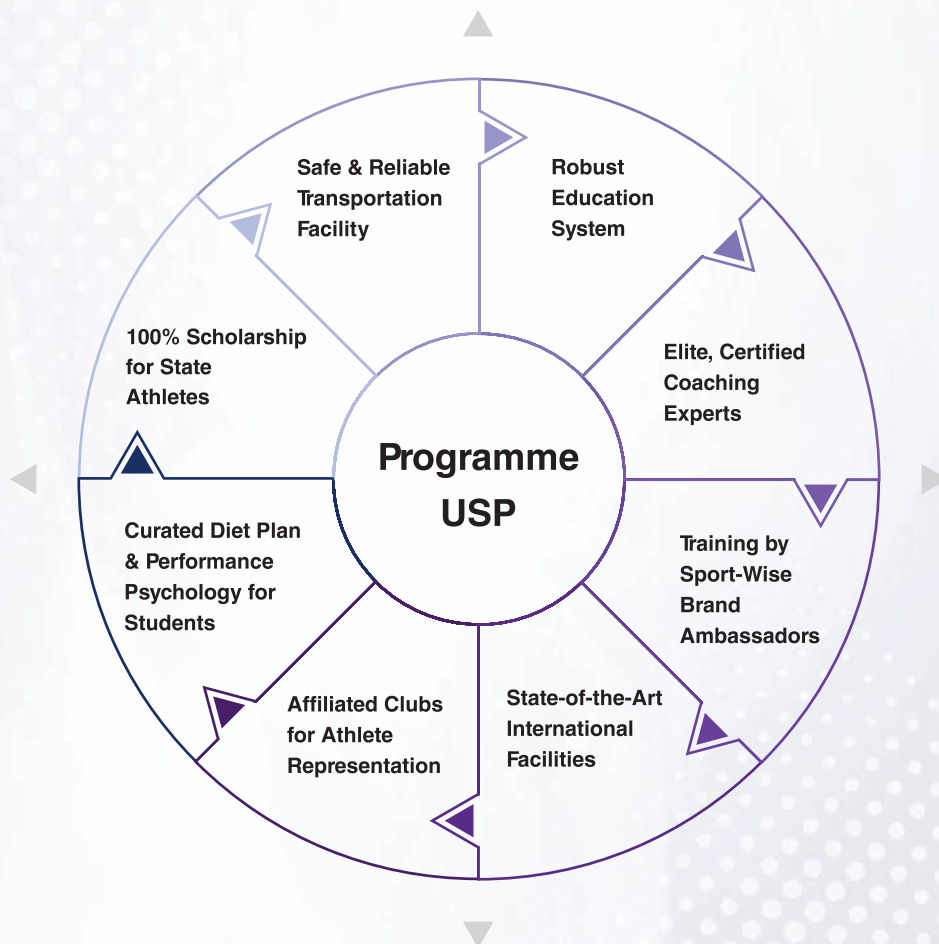


Chess

**Additional sports added as per phase-wise development*

Programme Overview

A structured **weekly plan** that ensures balance, recovery, and progression:



JHSS Curriculum Wheel

Movement Literacy
(Grades 4 - 6)

Agility, Balance, Coordination,
General Movement Skills

Skill Foundations
(Grades 6 - 8)

Technique, Teamwork,
Game Fundamentals

Performance Prep
(Grades 8 - 10)

Game Model Understanding,
Opposition Analysis,
Skill Refinement

Pathway Focus
(Grades 10 - 12)

Specialisation, Leadership, Internships,
Competitive Progression

Facilities



Synthetic Cricket Nets & Turf Wickets



Football Ground



Cricket Ground



High-performance Gym



Library



Swimming Pool



Video Analysis Room



Physiotherapy & Rehab Support



Indoor Badminton Courts

Pathways – The Next Steps



Education

Sports-related Courses Offered at Undergraduate-level

- BSc (Sports Science / Nutrition / Psychology)
- BPT (Physiotherapy)
- BBA / BMS (Sport Management)
- BA / BJMC (Media)



Career

Sports-related Domains for Career and Beyond

- Sports Science and Strength & Conditioning
- Physiotherapy & Rehabilitation
- Sports Nutrition Coaching
- Sports Management
- Sports Technology & Analytics
- Sports Media & Journalism

For Admission Enquiries, Contact

JAIN Heritage Sports School

Anjaneya Temple Street, Kempapura
Hebbal, Bengaluru - 560 024

P + 91 80 2362 6122 / 123

E info@jhs.ac.in

Follow us on

