#### **CONTACT ADDRESS**

Anjaneya Temple Street, Kempapura Hebbal, Bangalore - 560 024 **P** +91 80 2362 6122 / 123 F +91 80 2362 6121 E info@jhs.ac.in

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The JHS website www.jhs.ac.in has further information on programmes, student activities, videos, list of ongoing events and what's making news in top publication. You'll also find out more about the city of Bangalore, location map of our school and ways to reach us.





### What inspired you to establish Jain Heritage School?

I was interested in the idea of learning and working with young people. I enjoy working with them and on their behalf. I have always been curious about the philosophy and theory of education. Hence, I wanted to establish a school priding itself not only in fostering academic excellence but also in making our student's experiences satisfying, in a way that they will become pathfinders & remember fondly their time at JHS for the rest of their lives.

### Who do you personally look up to and aspire to reflect in certain ways?

There is no one in particular but I do admire people who have been on a journey of discovery and who are curious throughout their life.

### How would you describe your main philosophy & values with respect to education?

The overriding principle centres on ensuring that everyone has an equal opportunity to maximise the potential of which they are capable.

If you could be any animal, what animal would you feel best reflected your ambitions in life and

the emotions that you put into your work? I would be a bird - an Eagle, soaring above the landscape, knowing everything, seeing everything, with excellent vision and the ability to swoop down to seize an opportunity.

What does an ideal classroom at JHS look like? It's full of engaged learners. They're gathered in groups, adapting the Socratic method by asking questions and learning from one another. They're learning how to challenge one another in a way that isn't personal. They then apply what they've been learning.

### What are your main ambitions to achieve in future years for Jain Heritage School?

To make our academic programmes which include cross-disciplinary subjects even more exciting, so that each child develops into a total individual who will be highly skilled in today's world, which often demands the bridging of several disciplines. Every effort would be made to offer rigorous and relevant learning experiences making them the right mix for every student and engage them fully to prepare for continued excellence beyond their schooling phase.





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# Welcome to the Jain Heritage School



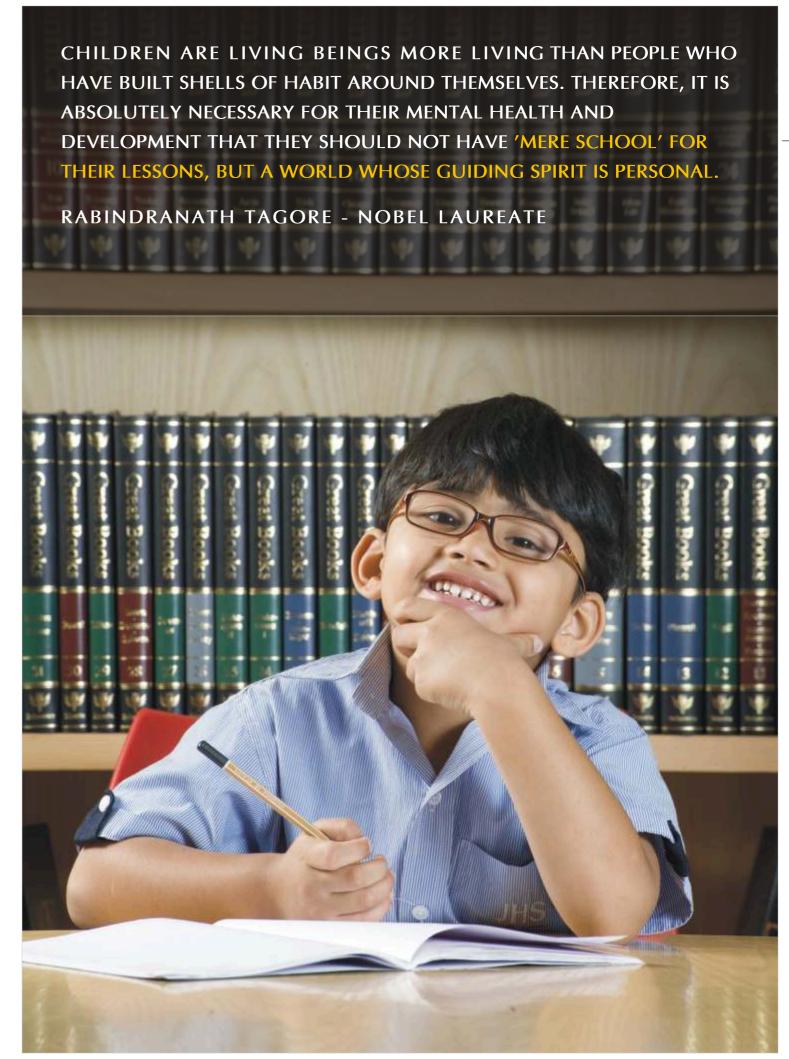
Welcome to Jain Heritage School! As a school, we firmly believe that education should be for life, not just for a living. Education should serve not only to develop one's intelligence and skills, but also should help broaden one's outlook and make a person useful to society and the world at large.

An invigorating value based learning experience awaits our students in a very friendly and warm environment. Through participation in this programme, the students learn about cultures, customs and religions of other people in order to appreciate the universal oneness and human values that are essential for the development of character. These are consistently put into practice to develop self-discipline and selfconfidence necessary to promote the fulfillment of their potential. They are also led towards the development of a healthy attitude and values needed for personal, family, community, national and world harmony.

Being a sports person myself and having represented India Internationally in the sport of Table Tennis, I always wanted JHS to provide a distinctive sports education. Sports are for fun, but they also offer benefits and lessons that carry over into all aspects of life. Students enjoy sports because it is essentially about speed, strength, coordination, vision, creativity and responsiveness. According to researchers, children who participate in organized sports do better in school, have better interpersonal skills, are more team oriented, and generally healthier. Participation in sports provides opportunities for leadership and socialization, as well as the development of skills for handling success and failure.

I hope to have the opportunity to welcome you and your child to JHS in future.

**Ms. Archana Vishwanath**Director
Jain Heritage School



"IF I WERE ASKED UNDER WHAT SKY THE HUMAN MIND HAS MOST FULLY DEVELOPED SOME OF ITS CHOICEST GIFTS, HAS MOST DEEPLY PONDERED ON THE GREATEST PROBLEMS OF LIFE, AND HAS FOUND SOLUTIONS, I SHOULD POINT TO INDIA."

MAX MULLER (GERMAN SCHOLAR, 1823-1900)

# Introducing Jain Heritage School

As India makes rapid strides into the 21st century in almost every aspect, we are today on the fascinating threshold for the right balance between the past and present, the old and new, the heritage and modernity. Furthermore, a vibrant future is constantly evolving - a future of collaborative as well as individualistic learning and existence, a future which will need imagination, creativity, multiple skills, international - mindedness, quick - wittedness and an inherent power of anticipation for success.

At Jain Heritage school we believe in the holistic development of our students. It's because we see education not just as means of livelihood but as mode of enriching the quality of life. We teach each student to value life as a gift and education as means of living it. It's what'll hold then in good-stead, long after they leave us. So, for every student of ours, champ or scholar, an opportunity at hand would mean a gift that they've been earning all their life - The gift of true heritage.

We also believe in providing a vibrant curriculum which must reflect on shifting our knowledge that is becoming obsolete or redundant and each heritagian into the realm of coexistence with the immediate and future environs. We impart world class education that shall foster academic excellence, physical fitness, psychological and spiritual health, social consciousness and concern for our heritage in each heritagian.







Learning is fun at JHS with our newly introduced interactive learning aid! The animations break the monotony in teaching and also help the students grasp and retain the lessons better.

Teachers work closely with students in the classroom and one-on-one in small groups outside the classroom, to support their english language needs in listening, speaking, reading, and writing. In addition to having an outstanding experience and qualifications, our educators contribute to the overall learning environment to build bright futures.

Each teacher plays the role of a 'mentor' and takes on responsibility of grooming children in his / her fold. Apart from academic faculty, JHS brings the expertise of trained counselors to help students in personal, academic and career guidance. Guest lectures also figure prominently on the programme schedule. They are picked from a variety of backgrounds ranging from successful businessmen to inspiring leaders and motivational speakers.

#### 'The Educator's Approach'

JHS recognises that children learn in many ways and demonstrate intelligence beyond mere language and mathematical abilities. The curriculum provides opportunities for children to learn and demonstrate their learning in multiple ways.

Concepts are mapped across grades to ensure seamless transitions and clear progressions in each subject. The concepts are then qualified by clear measurable outcomes. These outcomes define knowledge, skills and attitudes the child will acquire in order to demonstrate learning. Teachers take into account the pace of learning, interests and abilities of each child and accordingly support the child's needs.







BECOMING A SUCCESSFUL READER, WRITER AND MATHEMATICIAN IS A LONG JOURNEY FOR A YOUNG CHILD. AT JHS, THIS JOURNEY BEGINS AT FUNDAMENTALS - A CUSTOMIZED PRE-PRIMARY PROGRAMME. THE FUNDAMENTALS PROGRAMME OPERATES AT FIVE LEVELS, MOTHER TODDLER GROUP, EARLY YEARS, PRE FUNDAMENTALS, BASIC **FUNDAMENTALS AND ADVANCED FUNDAMENTALS FOR AGE GROUPS** BETWEEN 8 MONTHS AND 5 YEARS.

## Learning at Fundamentals

Through the fundamentals programme, we attempt to create a stimulating curriculum, where children's achievements are valued and celebrated. Our academic programme supports children as they build an exposure in Reading, Writing, Math, Science and Explorations, Dramatic / Symbolic Play, Music and Movement, Physical Education and Games. Learning is made authentic and meaningful through experiences derived from the student's interaction with nature, people, objects and experience.

Guided play-based programmes are conducted to encourage positive social interaction and teamwork. Early literacy skills are developed using innovative reading and decoding methods. We adapt an inquiry-based approach which emphasises on creative and critical thinking. We ensure that learning is child-centric and the focus is on unique interests, abilities, learning pace and the style of each child.



It's not just what our children do, but how they love to do it!!!



## The Curriculum

A thematic curriculum is being followed based on the theory of multiple intelligence. This ensures that the learning happens through a multi-sensory approach at the fundamentals level.

English: With the introduction of Phonics, learning english has been made easier and fun filled. Children are exposed to the sounds of alphabetical letters regularly through orals and written work. Reading has been given utmost importance on a day to day basis with the introduction of library activities at an earlier stage. At fundamentals, children start with the sounds of letters through rhymes and stories. It is carried forward by two letter words, three letter words, simple sentences and grammar at all the three levels of fundamentals.

**Mathematics**: Math is thought in a play-way method with lots of activities on numbers. The math

curriculum includes, learning the formation of numbers by tracing, rhymes on numbers, route counting, writing numbers and number names, pre-number concepts, worksheets, mental mathematics, simple addition and subtraction etc.

Hindi: Hindi has been introduced in the Advanced Fundamentals. Children are taught lots of rhymes in order to pick up the sounds and pronunciation. Hindi letters are taught through joining the dots, tracing and revision worksheets.

Science, Discovery and
Explorations: Children at this age
demonstrate a keen interest in
exploring and discovering the world
around them. The curriculum
provides rich opportunities and
stimuli from the immediate
environment to encourage
observation, investigation,
exploration, questioning and

documentation of their learning in myriad ways.

Music and Movement: Children engage in creative dance movements; learn to play simple musical instruments and to sing. Theatre, storytelling and puppetry are used to develop the child's social, emotional & communication skills. It is a useful tool during thematic teaching.

Dramatic / Symbolic Play: It gives the child the opportunity to explore a world of fantasy, as well as express a view of the world as he / she sees it. Art and Craft are integral to the way children learn and document their learning, experiences and feelings. It is a powerful means to connect to the child's world.

Lot of efforts by the teachers and their innovative methods of teaching have made the children enjoy learning at Fundamentals.





### Activities

THERE ARE MULTITUDE OF ACTIVITIES
INTRODUCED TO THE TODDLERS, AS WE BELIEVE
EACH CHILD IS A NEW AND AN ACTIVE LEARNER.
IN THE EARLY FORMATIVE YEARS OF THEIR LIFE,
TODDLERS LEARN DIFFERENT ASPECTS THROUGH
THEIR BUMPS, FALLS, DISCOVERIES, RELATIONSHIP
AND MYRIAD OTHER ACTIVITIES. DISCOVERIES
BECOME PART OF THEIR INQUIRING MIND AND
STIMULATE THEIR DRIVE TOWARDS MASTERY &
ACCOMPLISHMENT. HENCE, WE CHOOSE
ACTIVITIES THAT ARE LOUD & QUIET, INDOORS &
OUTDOORS, THOSE THAT REQUIRE SMALL
MUSCLES LIKE FINGER PAINTING, LARGE MUSCLES
LIKE RUNNING & COGNITIVE SKILLS LIKE SIMPLE
PUZZLES...



Math, language, music and art are learnt through observations in nature, construction (building blocks, clay), pretend play and reading. These offer children a place for learning and exploring at their own pace. Teachers also observe and document the students' progress at work & play.

#### **Circle Time**

Skills of social interaction, listening, conversing, feeling, thinking and patience are learnt by sharing ideas and experiences with each other.

Reflection and learning happens joyfully during circle times.

#### **Monthly Activities**

The activity for the month carries different topics based on their daily







experiences to imaginary situations. The children have various activities to teach them manage their daily chores such as brushing, washing hands, wearing clothes & brushing up their hair.

#### **Library Activities**

The tiny tots of Advanced
Fundamentals have a great time
in the library. The children have a
lot of picture and big lettered
books to read from. They also
share stories, listen to their
teachers tell stories and have
song sessions.

#### **Green Day**

Green Day is celebrated at Fundamentals with a lot of passion to show their love and care for mother earth. The school campus is strewn with banners that read loud active messages – "Grow More Trees" "Green Cleaning" made by children. The programme is then followed with a class room activity such as leaf pasting, leaf printing and thumb printing etc, along with a talk on saving our environment and celebrating 'Green Day' in our daily lives.

#### Colour Day

Colour Day at Fundamentals is celebrated with lots of excitement as the students and teachers are dressed in a specific colour.

Colour related expressions of self, speech, communication, the ability to communicate their needs and requirements, spirit of truth and purpose are elaborated

to them. The students are also explained the significance of the colour with the help of nature & other materials.

#### **Physical Education and Games**

Adventure and outdoor experiential projects are an important part of the morning session. Excursions and field trips help widen knowledge of the environment, besides expanding skills in observation.

#### Parent - Child Activities

Parents who volunteer are invited to the class for their creative interaction with the children like a theme talk, story or a rhyme time. Many parents put in a lot of effort and conduct activities which are really appreciated.

We have a strong faith in education that transforms & extends our students in vitally different ways!!!





IN PRIMARY SCHOOL (GRADE 1 - GRADE 4), WE RECOGNIZE THAT CHILDREN COME TO US AS DISTINCT INDIVIDUALS WITH UNIQUE EXPERIENCES, BACKGROUNDS, ABILITIES, AND INTERESTS. OUR EDUCATORS PROMOTE CROSS-CULTURAL UNDERSTANDING AND DIFFERENTIATE INSTRUCTIONS TO MEET THE STUDENTS' VARYING NEEDS, ABILITIES, AND LEARNING STYLES. WE PROVIDE A BALANCED EDUCATIONAL PROGRAMME WITHIN A SAFE, STIMULATING ENVIRONMENT, SO THAT EACH CHILD CAN LEARN AND GROW TO HIS / HER FULLEST POTENTIAL.

## Learning at Primary School

Our primary school curriculum includes instruction in math, science, social studies, art, music, physical education, language and culture, library skills and technology.

Problem solving, critical thinking, and mathematical computation skills are

strengthened through a balanced approach. Our language programme is designed to help students acquire the ability to write and speak well, examine, process and use information gained through listening and reading skills

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At JHS, every student is considered to be unique & so is their learning



#### **English**

In primary years, english is divided into four areas: 1) listening & comprehension 2) speaking & comprehension 3) reading & comprehension 4) writing & comprehension. This has been done to create clear objectives of developing language skills in students. It will enable the students to have competence and confidence in using language. The tools used to enable this learning are guided reading programme, show & tell, role-play, drama, songs, poetry, story-telling, writing short stories, essays etc. Language development is a continuous process happening across all the subject classes. Participation in the classroom discussions is a very important tool for language development and it is highly encouraged.

#### **Second and Third Language**

JHS offers second language options in Hindi, Kannada, Sanskrit, German & French.

#### **Mathematics**

Math is taught in a way that is relevant to the children. They are encouraged to relate the concepts taught at class with the real world challenges. Routinely, math is taught as formulae with no relevance to their application. At JHS, we endeavour to adopt learning approach that focuses on application of the concept learnt. By the end of primary school, children will be very comfortable in handling problems pertaining to numbers, shapes and measurement.

#### **Environmental Science (EVS)**

Study of self and human surroundings is covered under EVS. The child becomes aware of the community and nation around him and the various role(s) he and others play in this setting. A lot of emphasis is laid on exploration and experimentation to teach science, as science is the understanding of the interrelationships that exist in the material world.

#### **Technology**

Curriculum builds on the familiarity of child to computers and progresses it to teach basic programming and manipulation using the power of the processor. By the end of the primary years the child learns to use computers to tabulate data, test hypothesis, run basic programmes, make documents and presentations and use design software to express his creativity.



## Our classrooms are everywhere we go; our lessons are for life!!!



### Activities

WE HAVE THREE MAIN AIMS WHILE DESIGNING OUR ACTIVITIES FOR THIS LEVEL: CHOICE, ENJOYMENT AND PROGRESSION. WE BELIEVE THAT CHILDREN SHOULD BE ABLE TO CHOOSE FROM A WIDE SPECTRUM OF ACTIVITIES. WE ALSO WANT OUR STUDENTS TO ENJOY WHAT THEY DO, SO WE SPEND A LONG TIME MAKING SURE THAT THEY ARE ON THE COURSES THAT INTEREST THEM AND THAT WE KNOW THEY WILL ENJOY. FINALLY, WE WANT THEM TO MAKE GOOD PROGRESS IN THEIR COURSES AND TO BE ABLE TO MOVE ON TO OTHER COURSE AFTER THEY HAVE FINISHED.

#### **Visual Arts**

The goal of the visual arts programme is to develop students' understanding and enjoyment of art, craft, and design. In their weekly classes, students use a wide variety of tools and techniques to explore work in two and three dimensions. They experiment with clay, ceramics, sculpture making, drawing, painting and textiles.

#### **Performing Arts**

Activities also have been designed with the objective of inculcating the art of expression using different forms. Curriculum has been designed to nurture imagination which is an innate quality present in all children. At Jain Heritage School, the students specialize in any one of the following under the supervision of a qualified teacher / theatre group.
Our offerings in performing arts include Vocal, Mime, Contemporary Dance, Yakshagana, Keyboard, Drums, the Guitar and many more.

#### Field Trips

Educational values of a field trip are an excellent supplement to the "inhome" teaching. It engages students in active and independent thinking when they come across things that stimulate their interest and curiosity. Instead of just reading about a particular subject, the children actually experience it by imagining, seeing, feeling, hearing or tasting a subject instead of just reading about it. Some of the field trips arranged are visiting the veterinary college, a dairy, museum, post office, airport and places of worship etc.

#### **Craft Sessions**

Students at primary level reap many benefits from the craft sessions, It

builds their imagination which is important for a child's development as it brings in more creativity, better hand-eye coordination and motor control. Apart from having endless fun, they also express themselves creatively which also results in a sense of accomplishment.

#### **Events & Celebrations**

Celebrations of all festivals are given priority at Jain Heritage School. These programmes instill a sense of patriotism & incorporate traditional values in the young minds. Various activities which are event specific are conducted for the deeper understanding of the cultures and celebrations.

#### **Origami Session**

"When the paper folds the mind unfolds" - Origami. Origami is an example of "schematic learning through repeatable actions".

Students are demonstrated with a few techniques on origami. They observe a specific set of instructions in sequence, demonstrated on a piece of paper, and then, using their

hands, carry them out on their own.
Research has shown that this multisensory, hands-on approach is an
effective method of developing
behavioural, social, cognitive and
academic skills.

#### **Phonics Programme**

As a part of the newly introduced "Phonics Programme" at Jain
Heritage School, students are given enough hands on experience & oral activities to improve their understanding towards the letter sound relation. Students are taught phonics in the classroom effectively packaged with a lot of fun through flash cards, wall reading techniques and also through the phonics word family song.









THE MIDDLE SCHOOL PROGRAMME
(GRADE 5 - GRADE 7) EMBARKS ON A
LIFELONG TASK OF FORMING
PERSONAL IDENTITY AND ACQUIRING
SOCIAL SKILLS. ACADEMICALLY, THEY
ARE DEVELOPING HIGHER LEVEL
THINKING AND REASONING SKILLS,
WHILE SOCIALLY, PEER GROUP
APPROVAL GAINS IMPORTANCE AS
THEY BEGIN TO DEVELOP THEIR OWN
VALUES AND MAKE THEIR OWN
DECISIONS.

## Learning at Middle School

Our curriculum provides strong core academics in math, social studies, languages, science. We encourage breadth, diversity and exposure to art, music, drama, health, and physical education. Challenging course work which is collaborative, meaningful and active is included in our curriculum. We

have standardized testing of reading, writing and math which provides diagnostic information on student progress and an ongoing evaluation of the school's academic programme.



For our students sharing knowledge is as important as gaining it.

#### My mother is a teacher

Hand in hand we learn! At JHS parent - child activities are highly encouraged to make them a partner in the all-round development of their children.



# The Curriculum

#### **English**

English in middle school is expanded and developed for students to understand different varieties of prose, poetry, drama, and non-fiction texts. Students are encouraged to read wide variety of books to expand their horizon. To progress their learning, specific skills such as spelling, grammar, punctuation and syntax are taught. At this stage students are required to learn to put their thoughts in written form through proper use of grammar, punctuation etc. Creative writing and essay writing are a part of our comprehensive language development programme.

#### **Second Language**

JHS offers second and third language options in Hindi, Kannada & Sanskrit.

#### Science

At middle school, a range of scientific topics is introduced to the students in the science class. It's a critical phase of transformation to train the student's for rigorous academic work. The course has been designed with ample opportunity for practical investigations to understand the concepts. These concepts are linked to everyday life for students to understand the relevance.

#### Mathematics

It has been developed to train the students in problem solving, logical reasoning and analytical skills. Also to teach in such a way that students should be able to make connections to outside world and other subjects. Lot of students develop aversion to maths for the way it's been taught traditionally. Through use of models and Information and Communication Technologies, a positive attitude can be developed towards the subject.

#### **Social Science**

In order to make children understand their immediate environment, the neighbourhood, the distant lands and their people. A clear understanding of the political / social structure of the government and the democratic processes is given through role-play, mock sessions and visits to relevant places. Availability of the inter-active boards in each class room makes each experience much more real and tangible.

#### Technology

Role of computers in this age of advanced communications and technology cannot be undermined. It is inter-woven into all subjects since each subject relies heavily on making itself more understandable through use of technology. In addition, there are clearly defined learning outcomes for computers and their applications.







### **Activities**

AT THE MIDDLE SCHOOL LEVEL, JAIN HERITAGE SCHOOL FOCUSES ON THE STUDENTS' ABILITY TO PRODUCE CREATIVE IDEAS THAT WORK.

NUMEROUS SKILLS THAT CANNOT BE TAUGHT ARE DISPERSED THROUGH THESE ACTIVITIES.



#### **Visual Arts**

The goal of the middle school art programme is to develop students' understanding and enjoyment of art, craft and design. In their weekly classes, students use a wide variety of tools and techniques to explore work in two and three dimensions. They experiment with print making, sculpture making, ceramics, photography, drawing, painting and textiles. Based on themes, art work exhibitions are conducted. Throughout the year students' work would be displayed for the parents and visitors to see.

#### **Performing Arts**

Our offerings in performing arts are Vocal, Mime, Contemporary Dance, Yakshagana, Keyboard, Drums, the Guitar and many more. Students can choose one of the activities.







Drama and theatre participation help develop various skills like gesture, facial expression, characterization, concentration, focus, control on body movements, role-play and connecting with audience. These sessions are conducted by professionals in their respective field.

#### **English Extempore**

The students are made to pick a topic to speak upon for 5 minutes non stop and are evaluated by a panel of selectors. The criteria for scoring are body movements, composure, clarity of thoughts, and most importantly fluency. The objective is to help children speak fluently and confidently and bring out leadership skills. This also improves their knowledge base in varied topics that are touched upon

- the economy, sports, politics and general awareness of the latest issues covering the headlines.

#### Falun Dafa

A prominent feature of Falun Dafa is the Falun or Law Wheel. The Falun emblem is comprised of various forms of yin-yang symbols (also known as Taichi symbols) and swastikas (known as wan in Chinese). Yin-yang symbols are traditionally associated with Taoist schools of thought, while swastikas have been associated for millennia with ways of cultivation in the Buddhist schools. Here back at JHS, we practice Falun Dafa as an activity in our morning assembly which energizes the entire body in a short period. This also balances mind and body and harmonizes oneself with the nature of the

cosmos. Falun Dafa is a wonderful source of improvement in a child's life. Many children learn the exercises quickly and enjoy the sensations of energy and the calm it brings. While the exercises have deep inner meanings, they also help to reduce stress and can bring great improvements in health and fitness.

#### **Cooking Classes**

Cooking is something students enjoy just as much as eating the finished product. They love the whole process - adding ingredients together, creating something unique and seeing the finished product. The middle school students have their hands-full, while they go about preparing dishes without fire under the assistance of teachers.

Art, dance, music help our students speak in their own special voice



THE GOAL OF OUR ACADEMIC PROGRAMME
AT THE HIGH SCHOOL LEVEL (GRADE 8 GRADE 10) IS TO ENCOURAGE CRITICAL
THINKERS, RESPONSIBLE GLOBAL CITIZENS
AND STUDENTS WHO ARE PREPARED TO
ACHIEVE THE HIGHEST STANDARDS, BOTH
IN THEIR SUBSEQUENT EDUCATION AND
THROUGHOUT THEIR CAREERS.
A SELECTION OF SPORTING, DRAMATIC,
MUSICAL AND ARTISTIC PROGRAMMES ARE
OFFERED IN ADDITION TO A MYRIAD OF
CLUBS AND INTEREST GROUPS.

## Learning at High School

At JHS we combine the traditional values of hard work and academic learning with up to date methods and content. We believe that students achieve their full potential if they enjoy their work and find it stimulating and challenging. The school offers a broad and balanced curriculum, fulfilling all the requirements of the CBSE curriculum, while at the same time reflecting a wide choice of pathways as

possible, to cater fully for all levels of aptitude and ability.

All lessons are delivered by educators who are specialists in their chosen field and small class sizes ensure that staffs are able to focus their time and attention on individual students during their crucial years of schooling.

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For our students, an environment conservation programme is not just an activity; it's also a lesson on teamwork.

## The Curriculum

At JHS, the high school curriculum involves a rich and challenging academic programme in math, science, social studies, languages (including French or German), Fine Arts, Physical Education and Technology in order to promote high expectations of success and recognition of academic achievement and progress as well as social ability and adaptability.

The school curriculum at the high school level fosters the attitudes that enable students to contribute effectively in a democratic society, including acknowledgment of cultural and ethnic diversity, respect for the environment, access to full and balanced information and equitable participation in decision making.

The content and learning contexts of the curriculum will help students to develop and clarify their own values and beliefs as individuals.

Our classroom environment presents high standards of tidiness, cleanliness and safety. It will be conducive to learning, encouraging creativity and interaction, displaying appropriate resources particularly in literacy and numeracy,

celebrating and reinforcing achievement, in order to develop positive attitudes towards learning.

Assessment is an integral part of the JHS curriculum. It provides information on the performance and progress of the student, the learning and teaching in the classroom, programme development in the school, as per CBSE policy.

#### The school based assessments

use a range of formal and informal procedures that are known to be effective, in various situations and over a period of time. They include diagnostic surveys, running records used in reading programmes, checkpoints in mathematics programmes, a range of formal and informal tests, observations, interviews, anecdotal records, work samples, portfolios, and self assessment as per CBSE guidelines.

At JHS we use Information and Communication Technologies (ICT) as an integral tool to engage students in understanding concepts and processes to fit classroom learning to particular students' needs and interests and to extend the reach of the classroom across space and time.



### **Activities**

SCHOOL AND EDUCATION IS A PREPARATION FOR REAL LIFE. WITH THE VIEW TO REINFORCE STUDENTS' FORMAL LEARNING THROUGH EXPOSURE TO THE WORLD WE HAVE INTRODUCED THE MANY ENRICHMENT ACTIVITIES DESIGNED TO TEACH STUDENTS THE 21ST CENTURY SKILLS.



#### **School Cinema**

School Cinema is an effort by
Edumedia Bangalore in getting
students, especially for the high school
children, to learn basic life-skills and
values. The students are being
exposed to such cinema on a constant
basis, which in return would help in the
development of a good moral
behaviour. There are some exercise
books which would be introduced in the
coming months to encourage student's
interest in theses values / subjects.

#### Pep talks

School time is: The best time of one's life. The basis of one's life foundation. A place where children can be at their best-be it fun and games, studies, co-curricular activities or any other talents that they have. These pep talks help the children to decide where their aptitude is, in what field they will do best, where their heart lies & what makes them happy. These talks motivate them to possess commitment deeper than the oceans and have ambitions higher than the sky.

#### Field Trips & Excursions

Field trips & excursions form an integral part of the total learning







experience at Jain Heritage School. They may be planned locally to places of academic or general relevance and information. The objective of such learning is educational, physical and recreational. Teachers always accompany such groups and take charge of arrangements, safety and well-being of the group as well as individuals.

#### **Clubs & Activities**

To uplift the positive mind-set created by the academic curriculum and sports, an added boost is provided through various clubs.
Linguistic, Eco-Science, Fine arts, Math-Tech & Performing Arts are some of the clubs formed that encourage students to pursue and develop their talent in the field of arts, music, dance, drama or craft. We also conduct summer camps for children between 3 to 14 yrs which are an integral part of their learning experience.

#### **Community Outreach Programme**

Community outreach programme is an off campus programme conducted for the students to help understand the local community and provide a learning experience that engage and reflect their ideas.

#### Adventure Learning

JHS offers many exciting activities to encourage & develop a spirit of adventure. The activities are carefully devised to discover the powers of determination & sensitise young minds to appreciate the beauty & power of nature. No chalk and talk, participants walk. Walk the wild side, camp, sail, and climb to hone their life skills. The wilderness provides great opportunities to learn basic skills like communication, leadership, crisis management & team building in a conducive & challenging environment. 'Nature is the Best Teacher' - on a nature trail, one can observe many forms of life flora & fauna and learn a lot more by sheer observation. A flight of ducks can teach 'Synergy', an autumn tree can teach 'perseverance', flowing water can teach 'Transparency', ants can teach 'Team work' & a weaverbird can teach 'Precision'.

#### Arts

Arts is everywhere at Jain Heritage School. They reflect our students' artistic creativity inspired and guided by the professional artists, musicians, actors and dramatists who teach them. The arts are an essential part of the JHS experience and the many performances. concerts, recitals, and exhibitions give students both the incentive and opportunity to practice their talents and express their passions. Painting and sculpture making is a part of everyday life at the school, with students work featured in exhibit spaces throughout the campus. The art gallery provides exhibit space for all students. Field trips to museums, art gallery deepen our students' appreciation for the arts and become memorable experiences for all ages.

#### **Young Engineers Programme**

Young Engineers Programme is an on and off campus programme that strengthens students' intellectual capabilities and develops real life skill applications. The programme includes field visits, demonstrations, hands-on activities, design analysis and presentations.

We help our students to sound their own rhythm, craft their own shapes to find ways of expressing proudly, what lies within!!





# A Sporting Challenge

#### Sports Programme

- · Students belonging to the age group of 6 to 14 years are given professional sports training
- All the students at JHS are offered 3 hours of specialized sports training in Athletics, Basketball, Badminton, Snooker / Billiards, Cricket, Tennis, Table Tennis, Football and Swimming
- Exclusive academic programme has been designed to suit the academic needs of these students
- Flexible Academic Timings are given to students competing at the state and national level tournaments
- Swimming, yoga and meditation is a part of the curriculum
- Periodical interactions are arranged with world class achievers exclusively for the students of JHS
- Training programmes are designed by national / international coaches who visit JHS regularly and monitor the progress of the trainees
- The sports science cell of JHS provides sports-specific screening, profiling and testing that value-adds and fine-tunes the training programmes,

- prevent injuries and improves performance of the children
- Video presentations and corrections is the order of the day so that the child can visually see his movements and be corrected in execution of his strokes or flicks as the case may be
- Applied sports science research provides a further insight into optimizing individual performances

#### **Sports Facilities**

Jain Heritage School has an exclusive multi - sports destination "KREEDA".

#### **KREEDA** comprises of:

Matsya: 8 lane Olympic size Swimming Pool with a gallery for more than 400 spectators Laana: Synthetic Tennis Court Shikya: Synthetic Basketball Court Patala: The Table Tennis Centre Phaalakaa: Cricket Field Turf with

practice pitches

Gulishanku: Billiards & Snooker Udyatha: Fitness Centre with

multipurpose halls





#### Days out!!!

To widen the knowledge of the environment & expand skills in observation, field trips are organized twice or thrice every month.







#### **Sports Activities**

#### **Annual Sports Day**

Inter house sports competitions are held in every sporting discipline. Students are grouped into 4 houses. Competitions are held for sub junior, senior, junior and super senior categories separately for boys and girls. The competition culminates into the annual sports day. The houses system is encouraged to develop competitive spirit and fair play and leadership qualities emerge from such competitions. All students are encouraged to participate in various competitions held throughout the year. This system ensures that no student is left without an opportunity for participation. Medals and certificates for various events and shields and certificates for team events are awarded. The house that secures the maximum number of points emerges as the champion house and is awarded the overall championship trophy.

#### **Inter School Tournaments**

The school selects students on the basis of their merit for participation in National / State / District / Zonal sports tournaments in various sports disciplines. Selection proceedings are conducted in all the games for students in age categories under 12 and 14. Individuals & school teams participating in tournaments under various categories are given special supervision of coaches.

#### **Awards and Honours**

The school identifies excellent performers in each discipline with best sportsman award and honours them during the annual sports day. To encourage budding talents, promising player in each discipline is awarded with trophies. Individual champion in each category in the annual sports meet is awarded with a trophy.

#### Mini Olympics

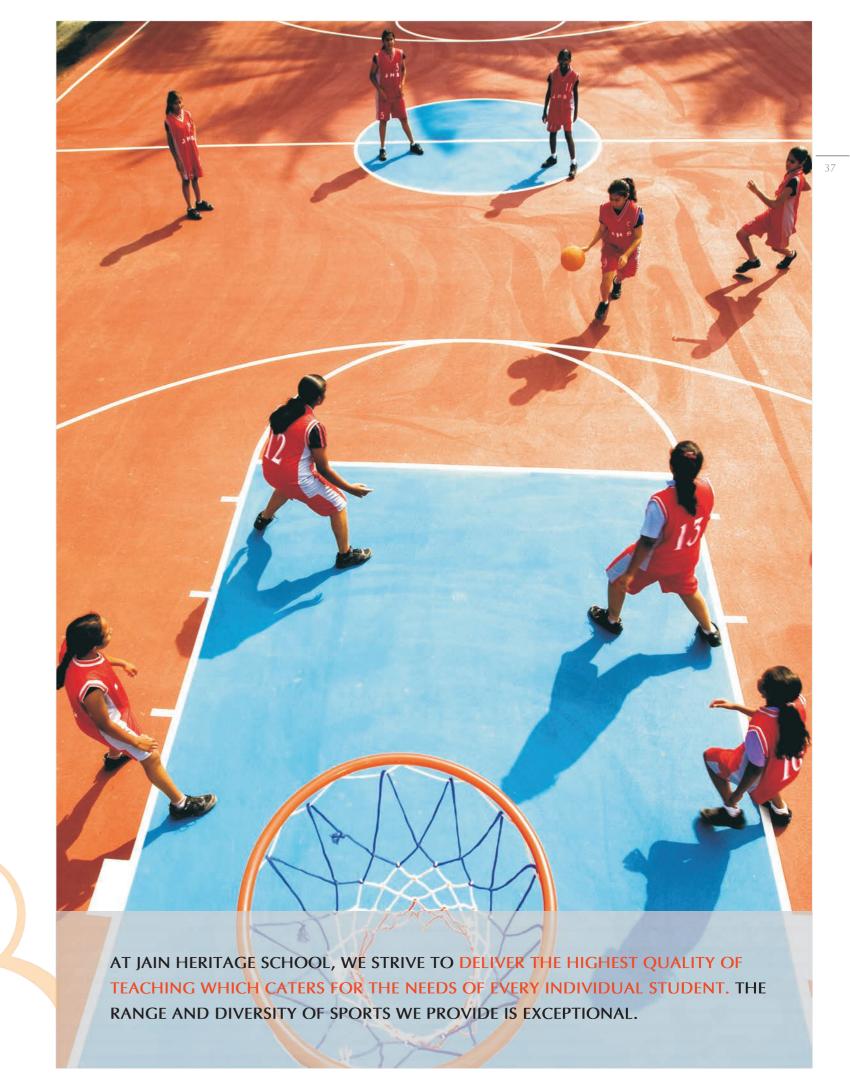
Mini Olympics is a sports and literary event mainly held for Nursery, Lower Kindergarten and Upper Kindergarten students. The event provides an equal opportunity for tiny tots to participate and show their competitive spirit. The event has been highly appreciated and successful. More than 200 students from 30 schools are seen participating every year.

#### **Sports Faculty**

Jain Heritage School has assembled the finest professional, national and international coaching and instructional staff who possess an immense experience in their individual sports. Coaches at JHS include Enrico Piperno (Tennis), GK Vishwanath (Table Tennis), Vincent Subramaniam (Football), Vijay Bharadwaj (Cricket), JD Walsh (Basketball), Brad Murphy (Cricket) and many more...

For our champs, respect for the game comes first!!!







# Facilitating successful learning

At Jain Heritage School, we provide students with unparalleled resources. Students have access to a pleasing learning ambience and a superior infrastructure.

#### **Academic Block & Classrooms**

JHS has well-ventilated, spacious and aesthetically designed staff rooms, air-conditioned AV rooms and well-equipped classrooms with I-boards and audio- visual learning aids.

#### **Learning Resource Centre**

The library maintains a supportive and nurturing environment in building knowledge bank for students. The library contains books, CD-ROMs, DVDs that cover a spectrum of subjects and satisfy students' urge to learn.

#### **Arts & Fine Arts Studio**

We believe that students should have extensive exposure to their cultural heritage and should be provided with an opportunity to develop their talents in a creative atmosphere through study of art, music, drama and speech. With this in view, JHS has constructed the arts and fine arts studio that enables students to find a new

meaning of expression in an environment that challenges them to develop their artistic senses.

### English Language Development Centre

The English Language
Development Centre is set up to
offer an intensive English language
training programme that prepares
students for academic success and
their future careers and allows them
to communicate confidently and
effectively.

#### **Discovery Zones**

The discovery zone is a unique learning space that is designed to arouse curiosity, stimulate creativity and promote enquiry in students. It is a centre equipped with state-of-the-art laboratories for Physics, Chemistry, Biology, History, Geography and Environmental Sciences. Many concepts that are taught in the classroom are reinforced in various ways at the discovery zone.





#### We Believe - stronger the roots stronger will be the branches

The best within every child is explored with our mentoring sessions. Each teacher plays the role of a 'mentor' and takes on the responsibility of grooming 8 children in his / her fold.







#### **Informatics Lab**

The school has a well resourced informatics lab linked through a dedicated hi-speed internet connection. Students work in a variety of ways, using word processing, data bases, graphic presentations, power point and desktop publishing.

#### **Manipulative Learning Centre**

Mathematics is a major form of communication in the modern world. Through our manipulative learning centre, we aim to help children enjoy the subject and develop confidence in their ability to use it in a range of different settings.

#### **Meal Plan**

Snacks and lunch are prepared and served to the students at the hygienic refectory. The meal is prepared daily by our expert chefs based on the weekly set menu. The menus are checked regularly by independent experts to ensure our students

receive balanced, healthy and nutritional meals.

#### **Extended Day Care**

Extended Day Care provides an atmosphere of enriched, loving and quality care for children beyond their regular half day of school. Throughout the half day, children are offered developmental play experiences such as story time, reading, music time along with rest and snack time as a part of our extended day care.

#### **Health Service**

The school clinic is opened to serve students and teachers. A school nurse will be on site during the school hours. The clinic treats minor injuries, provides first aid and maintains students' health records.

#### **Fleet Service**

JHS provides fleet service for the convenience of students and

parents. All bus routes are monitored by a supervisor. The service consists of a standard service to and from the school.

Buses arrive at the school each morning at approximately 8:15 am and depart from the school at approximately 4:45 pm.

#### **Progress Monitoring System**

The school has a special system of monitoring each child's progress in sports. The progress of each child is meticulously recorded and monitored periodically to assess the progress or regress of each individual. All students have a one-to-one interview with their teacher every term and parent-teacher interactions are held each term. We believe that the best way to maximize a student's potential is for school and home to work closely together.

Whether a child has special needs in academics, sports, arts - or all of these, JHS is the place to be!!!





