



Menu for the Week 16-01-2018 to 20-01-2018



Date	16-Jan-18	17-Jan-18	18-Jan-18	19-Jan-18	20-Jan-18
Break Fast	Ragi Dosa	Veg Semiya Bath	Ceylon Veg Paratha	Poha	Mysore Masala Dosa
	Red Chutney	Chutney	Tomato Sabji	Chutney	Chutney
Milk	Boost	Corn Flakes/Hot Milk	Hot Milk	Bournvita	Badam Milk
Bakery		Salt Biscuits		Bread Jam	
Lunch	Cucumber Salad	Kosambari	Sprouts Salad	Green Salad	Green Salad
	Phulka	Phulka	Veg Hakka Noodles	Poori	Bisibele Bath
	Green Moong Sabji	Cabbage Poriyal	Fried Rice	Black Channa Masala	Curd Rice
	Beans Poriyal	Blackeyed Peas Masala	Curd Rice	Veg Pulao	Papad
	Jeera Rice	Vangi Bath	Pickle	Plain Rice	Pickle
	Plain Rice	Plain Rice		Rasam	
	Tomato Rasam	Dal Fry		Curd	
Curd	Curd		Pickle		
Dessert	Fruits Custard	Watermelon	Ice Cream	Pineapple Kesari Bath	Muskmelon
Snacks	Vada Pav	Ragda Patties	Veg Puff	Kachori / Chutney	