

## Jain Heritage School Food Menu

Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Date	27-Jun	28-Jun	29-Jun	30-Jun	1-Jul	2-Jul
<b>Break Fast</b>	IDLI	VEG SEMIYA BATH	DIMOND PAROTHA	SET DOSA	PAV	CHOW CHOW BATH
	RED CHUTNEY	CHUTNEYT	VEG KURMA	CHUTNEY	BHAJI	CHUTNEY
	RAAGI MALT	JAGGERY MILK	RAAGI MALT	JAGGERY MILK	RAAGI MALT	JAGGERY MILK
	COFFEE / TEA	COFFEE / TEA	COFFEE / TEA	COFFEE / TEA	COFFEE / TEA	COFFEE / TEA
<b>Lunch</b>	GREEN SALAD	GREEN MOONG SPROUT SALAD	MINT TOSTED SALAD	ALOO CHANNA CHAT	BEETROOT SALAD	COLESLAW SALAD
	CHAPATI	PALAK CHAPATI	METHI ROTI	AJWIN ROTI	TAWA KULCHA	BABY CORN MANCHURIAN
	GHEE RICE	CURRY LEAF RICE	VEG BIRIYANI	CAPSICUM RICE	PANEER BUTTER MASALA	VEG NOODLES
	VEG TAWA SUBJI	BHENDI MASALA	VEG KADI	BRINJAL MASALA	SOYA MUTTER PULAO	PLAIN RICE
	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	PLAIN RICE	RASAM
	CURD	BUTTER MILK	RAITHA	EYED BEANS SAMBAR	CURD	CURD RICE
	MINT RASAM	MIX VEG SAMBAR	JEERA RASAM	CURD	DAL TADKA	
<b>Dessert/ Fruit</b>	BANANA	WATER MELON	MUSK MELON	SEMIYA PAYASAM	MIX FRUITS	BANANA
<b>Snacks</b>	KABUL CHANNA CHAT	MASALA BUN	BHEL PURI	PAPDI CHAT	COCONUT BALL	