

Jain Heritage School
Menu for the Week 05-04-11 to 09-04-11



	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Upma	Masala Dosa	Diamond Parota	Semiyabath	Pongal
	Chutney	Chutney	Alu Onion Subji	Chutney	Chutney
	Boost	Bournvita	Plain milk	Cornflakes with milk	Chocos with milk
Lunch	Green salad	Green salad	Green salad	Green salad	Green salad
	Poori	Phulka	Phulka	Phulka	Alu parota
	Channa Masala	Mix veg curry	Began Bharath	Black channa masala	Masala Curd
	Puliyogare	Methi rice	Curd rice	Bisibelebath	Plain rice
	Curd	Curd	Plain rice	Curd	Rasam
	Plain rice	Plain rice	Rasam	Plain rice	Papad
	Rasam	Rasam	Papad	Rasam	
	Papad	Papad		Papad	
Sweet	Custard	Watermelon	Ice cream	Papaya	
Snacks	Bhel Puri	Samosa	Chinese roll	Veg Burger	
	Tomato Juice	Pineapple juice	Lime juice	Watermelon juice	